



## CHEST

Place the measuring tape under your arms, around your chest along the fullest part.

## WAIST

Measure around the waist, above the belly button along the slimmest part without tightening the measuring tape.

## HIPS

Standing with your feet together, measure along the fullest part of your hips.

## INSEAM

Measure the length of the inner leg, from the top of the thigh to the ankle.

# MEASURING GUIDE

\*Garment measurement in INCHES

### Jeans - Glenn (Slim Fit)

| Brand Size            | 28/32 | 29/32 | 30/32 | 31/32 | 32/34 | 34/32 | 34/34 | 36/34 | 38/34 | 40/34 | 42/34 |
|-----------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Garment Waist         | 29.8  | 30.8  | 31.8  | 32.8  | 33.8  | 34.8  | 35.8  | 37.6  | 39.6  | 41.6  | 43.6  |
| Garment Inseam Length | 31.8  | 31.8  | 31.8  | 31.8  | 31.8  | 33.8  | 33.8  | 31.8  | 33.8  | 33.8  | 33.8  |
| Hip                   | 16.9  | 17.4  | 17.9  | 18.4  | 18.8  | 19.3  | 19.8  | 20.8  | 21.8  | 22.8  | 23.8  |
| Thigh                 | 10.4  | 10.7  | 11    | 11.3  | 11.6  | 11.9  | 12.2  | 12.7  | 13.3  | 13.9  | 14.8  |

### Jeans - Ben (Skinny Fit)

| Brand Size            | 28/32 | 29/32 | 30/32 | 31/32 | 32/34 | 34/32 | 34/34 | 36/34 | 38/34 | 40/34 | 42/34 |
|-----------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Garment Waist         | 29.8  | 30.8  | 31.8  | 32.8  | 33.8  | 34.8  | 35.8  | 37.6  | 39.6  | 41.6  | 43.6  |
| Garment Inseam Length | 31.8  | 31.8  | 31.8  | 31.8  | 31.8  | 33.8  | 33.8  | 31.8  | 33.8  | 33.8  | 33.8  |
| Hip                   | 17.3  | 17.8  | 18.3  | 18.8  | 19.2  | 19.8  | 20.2  | 21.2  | 22.2  | 23.2  | 24.2  |
| Thigh                 | 10.4  | 10.7  | 11    | 11.3  | 11.6  | 11.9  | 12.2  | 12.7  | 13.3  | 13.9  | 14.5  |

### Jeans - Erik (Anti-Fit)

| Brand Size            | 28/32 | 29/32 | 30/32 | 31/32 | 32/34 | 34/32 | 34/34 | 36/34 | 38/34 | 40/34 | 42/34 |
|-----------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Garment Waist         | 30.2  | 31.2  | 32.2  | 33.2  | 34.2  | 35.2  | 36.2  | 38    | 40    | 42    | 44    |
| Garment Inseam Length | 31.8  | 31.8  | 31.8  | 31.8  | 31.8  | 33.8  | 33.8  | 31.8  | 33.8  | 33.8  | 33.8  |
| Hip                   | 18    | 18.5  | 19    | 19.5  | 20    | 20.5  | 20.9  | 21.9  | 22.9  | 23.9  | 24.9  |
| Thigh                 | 11.4  | 11.7  | 12    | 12.3  | 12.5  | 12.9  | 13.1  | 13.7  | 14.3  | 14.9  | 15.5  |

### Jeans - Clark (Regular Fit)

| Brand Size            | 28/32 | 29/32 | 30/32 | 31/32 | 32/34 | 34/32 | 34/34 | 36/34 | 38/34 | 40/34 | 42/34 |
|-----------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Garment Waist         | 30.2  | 31.2  | 32.2  | 33.2  | 34.2  | 35.2  | 36.2  | 38    | 40    | 42    | 44    |
| Garment Inseam Length | 31.8  | 31.8  | 31.8  | 31.8  | 31.8  | 33.8  | 33.8  | 31.8  | 33.8  | 33.8  | 33.8  |
| Hip                   | 17.7  | 18.2  | 18.7  | 19.1  | 19.6  | 21.1  | 20.6  | 21.6  | 22.6  | 23.6  | 24.6  |
| Thigh                 | 11.1  | 11.4  | 11.7  | 12    | 12.3  | 12.6  | 12.9  | 13.5  | 14    | 14.6  | 15.2  |

### Jeans - Liam (Skinny Fit)

| Brand Size            | 28/32 | 29/32 | 30/32 | 31/32 | 32/34 | 34/32 | 34/34 | 36/34 | 38/34 | 40/34 | 42/34 |
|-----------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Garment Waist         | 29.8  | 30.8  | 31.8  | 32.8  | 33.8  | 34.8  | 35.8  | 37.6  | 39.6  | 41.6  | 43.6  |
| Garment Inseam Length | 31.8  | 31.8  | 31.8  | 31.8  | 31.8  | 33.8  | 33.8  | 31.8  | 33.8  | 33.8  | 33.8  |
| Hip                   | 17.3  | 17.8  | 18.3  | 18.8  | 19.2  | 19.8  | 20.2  | 21.2  | 22.2  | 23.2  | 24.2  |
| Thigh                 | 10.4  | 10.7  | 11    | 11.3  | 11.6  | 11.9  | 12.2  | 12.7  | 13.3  | 13.9  | 14.5  |

### Jeans - Tim (Slim Fit)

| Brand Size            | 28/32 | 29/32 | 30/32 | 31/32 | 32/34 | 34/32 | 34/34 | 36/34 | 38/34 | 40/34 | 42/34 |
|-----------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Garment Waist         | 30.2  | 31.2  | 32.2  | 33.2  | 34.2  | 35.2  | 36.2  | 38    | 40    | 42    | 44    |
| Garment Inseam Length | 31.8  | 31.8  | 31.8  | 31.8  | 31.8  | 33.8  | 33.8  | 31.8  | 33.8  | 33.8  | 33.8  |
| Hip                   | 17.9  | 18.4  | 18.8  | 19.4  | 19.8  | 20.3  | 20.8  | 21.8  | 22.8  | 23.8  | 24.8  |
| Thigh                 | 10.8  | 11.1  | 11.4  | 11.7  | 12    | 12.3  | 12.5  | 13.1  | 13.7  | 14.3  | 14.9  |

### Jeans - Mike (Comfort Fit)

| Brand Size            | 28/32 | 29/32 | 30/32 | 31/32 | 32/34 | 34/32 | 34/34 | 36/34 | 38/34 | 40/34 | 42/34 |
|-----------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Garment Waist         | 30.2  | 31.2  | 32.2  | 33.2  | 34.2  | 35.2  | 36.2  | 38    | 40    | 42    | 44    |
| Garment Inseam Length | 31.8  | 31.8  | 31.8  | 31.8  | 31.8  | 33.8  | 33.8  | 31.8  | 33.8  | 33.8  | 33.8  |
| Hip                   | 17.7  | 18.2  | 18.7  | 19.1  | 19.6  | 21.1  | 20.6  | 21.6  | 22.6  | 23.6  | 24.6  |
| Thigh                 | 11.4  | 11.7  | 12    | 12.3  | 12.5  | 12.9  | 13.1  | 13.7  | 14.3  | 14.9  | 15.5  |

### Tees

| SIZE            | S    | M    | L    | XL   | XXL  |
|-----------------|------|------|------|------|------|
| Garment Chest   | 37   | 38.4 | 40   | 43.2 | 46.4 |
| Length          | 26.7 | 27.5 | 28.3 | 29.5 | 30.7 |
| Across Shoulder | 16.5 | 17.1 | 17.7 | 18.7 | 19.6 |
| Sleeve Length   | 7    | 7.4  | 7.8  | 8.2  | 8.6  |

### Bottomwear - Chinos and Pants

| Brand Size            | 28/32 | 29/32 | 30/32 | 31/32 | 32/34 | 34/32 | 34/34 | 36/34 | 38/34 | 40/34 | 42/34 |
|-----------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Garment Waist         | 30    | 31    | 32    | 33    | 34    | 35    | 36    | 38    | 40    | 42    | 44    |
| Garment Inseam Length | 32    | 32    | 32    | 34    | 32    | 32    | 34    | 34    | 34    | 34    | 34    |
| Hip                   | 35    | 36    | 37    | 38    | 39    | 40    | 41    | 43    | 45    | 47    | 49    |
| Thigh                 | 22    | 22.75 | 23.5  | 24.25 | 25    | 25.75 | 26.5  | 28    | 29.5  | 31    | 32.5  |

### Waistcoat

| SIZE            | S          | M          | L          | XL         | XXL        |
|-----------------|------------|------------|------------|------------|------------|
| Garment Chest   | 39.2       | 40.8       | 42.4       | 45.6       | 48.8       |
| Length          | 23.6       | 24.2       | 24.8       | 25.3       | 25.9       |
| Across Shoulder | 14.5       | 15.1       | 15.7       | 16.9       | 18.1       |
| Sleeve Length   | Sleeveless | Sleeveless | Sleeveless | Sleeveless | Sleeveless |

### Vest

| SIZE          | S    | M    | L    | XL   | XXL  |
|---------------|------|------|------|------|------|
| Garment Chest | 28.6 | 30   | 31.8 | 33.4 | 35   |
| Length        | 27   | 27.5 | 28.3 | 29   | 29.9 |

### SHIRTS-SLIM FIT TUCK-IN LONG LENGTH

| Brand Size      | S    | M    | L    | XL   | XXL  |
|-----------------|------|------|------|------|------|
| Chest           | 39.2 | 40.8 | 42.4 | 45.6 | 48.8 |
| Length          | 30.5 | 30.9 | 31.2 | 31.6 | 32   |
| Across Shoulder | 17   | 17.7 | 18.5 | 19.2 | 20   |
| Sleeve Length   | 25   | 25.5 | 25.9 | 26.3 | 26.7 |

### Shorts/Sweat shorts

| Brand Size    | S    | M    | L    | XL   | XXL  |
|---------------|------|------|------|------|------|
| Garment Waist | 31.6 | 33.6 | 35.6 | 37.4 | 39.6 |
| Inseam        | 9    | 9    | 9    | 9    | 9    |
| Hip           | 19.6 | 20.6 | 21.6 | 22.6 | 23.6 |
| Thigh         | 12   | 12.4 | 12.7 | 13.3 | 13.9 |

### Sweatpants

| Size   | S    | M    | L    | XL   | XXL  |
|--------|------|------|------|------|------|
| Waist  | 31.4 | 33   | 34.6 | 37.6 | 40.4 |
| Inseam | 30.2 | 30.2 | 30.2 | 30.2 | 30.2 |
| Hip    | 18.8 | 19.6 | 20.4 | 22   | 23.6 |
| Thigh  | 11.7 | 12.2 | 12.7 | 13.8 | 14.8 |

### Sweatshirts/Sweaters/Knits

| SIZE            | S    | M    | L    | XL   | XXL  |
|-----------------|------|------|------|------|------|
| Garment Chest   | 38.4 | 40   | 41.6 | 44.8 | 48   |
| Length          | 26.7 | 27.5 | 28.3 | 29.5 | 30.7 |
| Across Shoulder | 16.1 | 16.7 | 17.3 | 18.3 | 19.2 |
| Sleeve Length   | 26.4 | 26.6 | 26.7 | 27   | 27.4 |

### SHIRTS-REGULAR FIT CASUAL

| Brand Size      | S    | M    | L    | XL   | XXL  |
|-----------------|------|------|------|------|------|
| Chest           | 40.8 | 42.4 | 44   | 47.2 | 50   |
| Length          | 29.9 | 30.3 | 30.7 | 31   | 31.4 |
| Across Shoulder | 17.9 | 18.7 | 19.4 | 20.2 | 21   |
| Sleeve Length   | 25   | 25.5 | 25.9 | 26.3 | 26.7 |

### SHIRTS-SLIM FIT CASUALS

| Brand Size      | S    | M    | L    | XL   | XXL  |
|-----------------|------|------|------|------|------|
| Chest           | 39.2 | 40.8 | 42.4 | 45.6 | 48.8 |
| Length          | 29.5 | 29.9 | 30.3 | 30.7 | 31   |
| Across Shoulder | 17   | 17.7 | 18.5 | 19.2 | 20   |
| Sleeve Length   | 25   | 25.5 | 25.9 | 26.3 | 26.7 |

### Tailoring-Trousers (Regular & Cropped)

| Brand Size             | 46/S | 48/M | 50/L | 52/XL | 54/XXL |
|------------------------|------|------|------|-------|--------|
| Garment Waist          | 31.5 | 33   | 35   | 37    | 39.5   |
| Inseam (Regular Fit)   | 30.7 | 30.7 | 30.7 | 30.7  | 30.7   |
| Inseam (Cropped/Ankle) | 28.7 | 28.7 | 28.7 | 28.7  | 28.7   |
| Hip                    | 40   | 42   | 43   | 45    | 48     |
| Thigh                  | 24   | 25.3 | 26.3 | 28    | 29.5   |

### Jackets

| SIZE            | S    | M    | L    | XL   | XXL  |
|-----------------|------|------|------|------|------|
| Chest           | 41.5 | 43   | 45   | 48   | 51   |
| Length          | 27   | 28   | 28.5 | 29   | 29.5 |
| Across Shoulder | 18   | 18.5 | 19   | 20   | 21   |
| Sleeve Length   | 26   | 26.2 | 26.3 | 26.6 | 27   |

### Blazer/Coat/Suits

| BRAND SIZE      | 46/S | 48/M | 50/L | 52/XL | 54/XXL |
|-----------------|------|------|------|-------|--------|
| Chest           | 38.4 | 40   | 41.6 | 44.8  | 48     |
| Length          | 27   | 27.4 | 27.9 | 28.5  | 29     |
| Across Shoulder | 17.3 | 17.9 | 18.5 | 19.6  | 20.8   |
| Sleeve Length   | 24.6 | 24.8 | 25   | 25.3  | 25.6   |

### Polo

| Size            | S    | M    | L    | XL   | XXL  |
|-----------------|------|------|------|------|------|
| Garment Chest   | 37   | 39   | 40   | 43   | 47   |
| Length          | 26.7 | 27.5 | 28.3 | 29.5 | 30.7 |
| Across Shoulder | 16.5 | 17.3 | 18.1 | 19.2 | 20.4 |
| Sleeve Length   | 7    | 7.4  | 7.8  | 8.2  | 8.6  |

### Trunks

| SIZE          | S     | M     | L     | XL    | XXL   |
|---------------|-------|-------|-------|-------|-------|
| Garment Waist | 28-30 | 32-34 | 36-38 | 40-42 | 44-46 |

### Pyjama

| Label Size | S     | M     | L     | XL    | XXL   |
|------------|-------|-------|-------|-------|-------|
| Waist      | 28-30 | 32-34 | 36-38 | 40-42 | 44-46 |
| Inseam     | 29.9  | 30.7  | 30.7  | 31.4  | 31.4  |

### Boxers

| Label Size | S     | M     | L     | XL    | XXL   |
|------------|-------|-------|-------|-------|-------|
| Waist      | 28-30 | 32-34 | 36-38 | 40-42 | 44-46 |
| Inseam     | 5     | 5     | 5     | 5     | 5     |

### Briefs

| SIZE | S | M | L | XL | XXL |
|------|---|---|---|----|-----|
|------|---|---|---|----|-----|